

Sand Foam

Create a sensory soft sand material for children to explore.

Learning Aims:

- To offer children a sensory resource to manipulate
- To develop new language and vocabulary



- Understanding the world
- Develop creativity and imagination
- Personal, social and emotional development
- Support and develop motor skills
- Literacy development
- Mathematics.

Resources:

- Sand
- Shaving foam
- Tub/bowl for mixing together
- Measuring cup
- Tray for the finished sand foam
- Chosen resources to develop the sand foam activity according to children's current interests
- Paper/card and pen/photographs and glue for creating the instructions.

Activity Outline:

- Talk to the children about what you want to make and how you need to do this. Talk through the instructions (ideally you would have photographs of each stage of the process on your instructions card)
- Check off each item on your list
- Measure out three cups of sand into a bowl/tub
- Add shaving foam and stir together, keep adding the shaving foam until you make a soft creamy consistency, you can add more sand or foam to create the right texture
- Add the desired resources to the sand foam tray.



Image credit: Little Miss Early Years

Resources you could add to your sand foam:

- Natural materials, leaves, twigs, flowers etc.
- A drop of lavender or peppermint etc. to the mixture
- Glitter
- Sprinkles of powdered paint to create colours
- Shells of different shapes and sized
- Sand combs to create different patterns in the sand
- Mark making tools
- Scoops and spoons

Allow children to lead and extend upon their interests and enjoyment.