

Learning about seasonal clothing

Autumn activity

A changing season is a great opportunity to talk to children about the clothing needed to keep them warmer/cooler.



Learning aims

- Understanding the world - learning about the seasons
- Language and communication - using a range of vocabulary.

Resources

- A box or a bag to store the clothes
- A selection of children's clothing from the changing seasons:
 - Wellies
 - Sandals
 - Scarves, gloves, mittens
 - Vests
 - Woolly socks and cotton ankle socks
 - Summer cap
 - Winter hat.

Activity outline

- Talk to your children about the changing weather and how it feels

- Have them think back to a different season e.g. playing outdoors in the warmth after putting on sun cream
- Talk about the types of clothes they wore e.g. sun hats, woolly hats
- Ask your children how the weather made them feel e.g. the warm sunshine may have made them happy
- Discuss the current weather and ask your children to talk about what they are wearing
- Bring out your box/bag of clothes and ask the children to sort them into clothes you can wear on a hot day and clothes you can wear on a cool day

Move on to talk about ways to keep warm in the cold weather such as taking part in physical activity.